

NIMSA UCD

2015 Match Talk

Brent Emigh

Outline of talk

1. 2015 Match results for UCD
2. Match results for IMGs in Ireland
3. Characteristics of matched students
4. “Lessons learned”
5. What can I do if I don’t match?
6. Match results for Class of 2014 and previous
7. NIMSA vice-presidency
8. Small group discussion

2015 Match results for UCD



2015 Match results for UCD



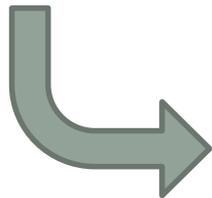
Internal Medicine – Western
Internal Medicine – Western
Paediatrics – McMaster
Family – Memorial
Family – UBC
Family – Dalhousie
Radiology - Toronto



General Surgery – University of Texas at Austin
General Surgery – University of Connecticut
Urology – University of Nebraska
Internal Medicine – University of Nebraska
Med/Paeds – Virginia Commonwealth University
Paediatrics – Children’s Hospital of Pittsburgh
Family – University of North Dakota

2015 Match results for UCD

23 students submitted an application



14 matched (61%)

Last year, 15/24 matched

Canada – 7 of 13 matched – all first round

US – 7 of 11 matched – 1 in SOAP (Round 2)

9 applicants unmatched

2015 Match results across Ireland



NUI Galway
OÉ Gaillimh

CaRMs: 8/10 matched

ERAS: 2/3 matched

Internal – Toronto, Ottawa
Family – UBC, Saskatchewan
Psychiatry – Toronto
Anaesthesia – Toronto
Neurology - Ottawa

Anaesthesia – Boston
Internal – Bay State/Tufts



RCSI

CaRMs: 18/26 matched

ERAS: 15/22 matched

Orthopaedics – Toronto, Western
Family – Toronto X 2, Ottawa, Manitoba, Barrie, McMaster
Internal – Western X 2, Ottawa X 2, Saskatchewan X 2
General Surgery – Manitoba
Diagnostic radiology – Ottawa, McMaster
Physical Medicine and Rehab - McMaster

Family – Arkansas, Florida, Pennsylvania
Internal – Baystate/Tufts X 3, Pennsylvania Hospital, Lahey Clinic, Kaiser Oakland, St Peters (NJ), Mt. Auburn (MA), VA Medical Centre (MD)
Radiology – Arkansas
Paediatrics – Bostons Childrens, Maine Medical Centre, Duke
Pathology – Duke
Obs/Gyne – NYU, Columbia, Rochester General
Orthopaedic Surgery – Albany Medical Centre

2015 Match results across Ireland



TRINITY
COLLEGE
DUBLIN

CaRMs: 4/11 matched

ERAS: 3/13 matched

Pathology – McMaster

Family – Queens

Emergency Med – Ottawa

Paediatrics - Ottawa

Internal – University of Buffalo

Internal – Baystate/Tufts

Orthopaedic surgery - Emory



UNIVERSITY of LIMERICK

OLLSCOIL LUIMNIGH

CaRMS: 20/24 matched

ERAS: 5/9 matched

Orthopaedics – Toronto

Family –Ottawa x 2, Western x 2, Queens, Manitoba,
Saskatchewan

Internal –Ottawa, Manitoba, Saskatchewan

Paediatrics – Toronto, McMaster

Emergency Medicine - McMaster

Psychiatry – Memorial

Physical medicine and rehab – Toronto

Anaesthetics – Ottawa

Neurology – McMaster

Family Med – Mayo, Indiana, Grand Rapids

Neurology – SUNY, Buffalo

2015 Match results across Ireland



19/22 matched

16 into Canada, 3 into the US

Unofficial

Orthopaedic surgery – NOSM

Internal medicine – Toronto X 2, UBC

Family – Toronto X 2, UBC, Memorial

Paeds – Saskatchewan

Psychiatry - McMaster

Neurology – New York

Internal Medicine – Virginia

Internal Medicine - Ohio



Characteristics of those who matched

Conducted survey of final year students (N=8):

Average scores of those who matched:

Step 1 – 243	MCCEE – 341
Step 2 CK – 248	NAC OSCE - 79

Average number of program applications:

Canada – 21	US – 124
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Average number of interviews:

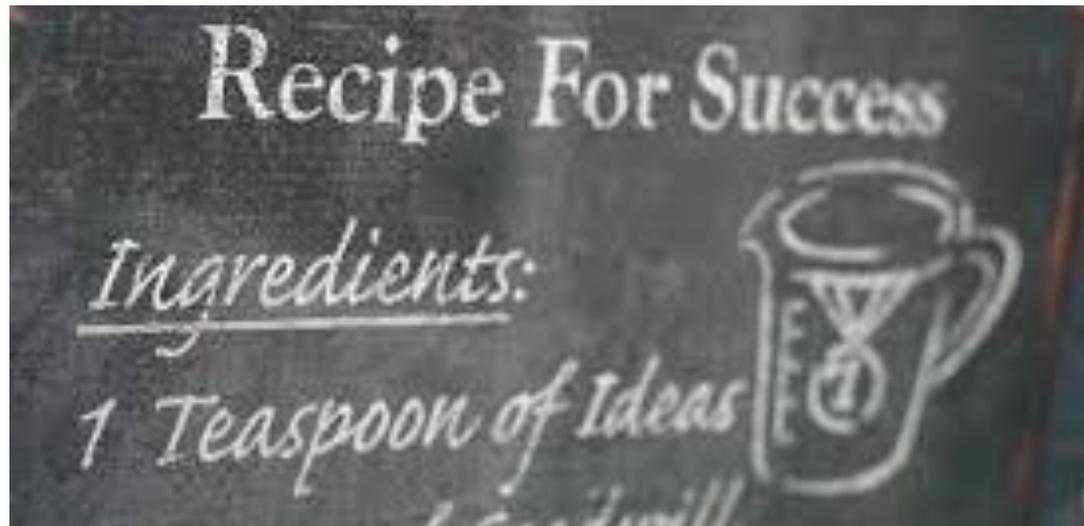
Canada – 5	US - 11
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On-going survey – hoping to get more respondents

Lessons learned:



Lesson #1 – No recipe for success



Different;

- *Backgrounds*
- *Work styles*
- *Strengths*
- *Career goals*
- *Personalities*

Lesson # 2 – Scheduling & Organization

- DO – Research timelines for exams, elective applications, residency applications
- DON'T – Postpone board exams
- DO – Have things ready on the day applications open (electives & residency)
- DON'T – Cram too much in

Lesson # 3 – Electives \approx try-outs

- Put 100% effort into electives
 - *Staying late/weekends*
 - *Volunteering for scut work*
 - *Being flexible and accountable*
- Be friendly and personable
- Attendings know why you're there
 - Ask what you can do
- Schedule long-term electives
 - Four weeks



Lesson # 4 – Stay engaged

Too much to keep track of alone → share information between yourselves

Ask questions to those in upper years

- Upper year students and alumni know more about the process than the school does

Take an active role in NIMSA

What if I don't match?

Options available:

- *Irish intern year*
 - Not guaranteed without EU passport
- *UK Foundation years X 2*
- *Clinical year in Singapore*
- *Medical research in North America*
- *Year off*
 - Chance to catch up on board exams
- *“Find A Resident” Program – First Aid for the Match*

Match results – UCD Class of 2014

Year of Graduation	Year off	Matching Year	Matched to	Contact
2014	Ireland Internship (*dual passport*)	2015	Internal Medicine, categorical program; Baystate Medical Centre, Springfield MA	Fotis - fotis.katsikeris@gmail.com
2014	Research, Sick Kids Hospital, Toronto	2015	Pediatric Neurology; University of British Columbia	Johann - jmicallef@gmail.com
2014	Summer elective in Canada, NAC, QE1, Step 2	2015	Family; University of Toronto	
2014		2015	Orthopaedic Surgery; Memorial	
2014		2015	Unknown, Canada	

Of 9 unmatched 2014 grads, 5 matched in 2015

Match results – UCD Class of 2013

Year of Graduation	Year off	Matching Year	Matched to	Contact
2013	BiInnovate.ie; (a medical device fellowship); NUIG, Galway	2014	Internal Medicine; Lahey Hospital & Medical Center, Boston,	Kyle - Kyle.Halligan@lahey.org
2013	Research; Clinical Assistant exam in Manitoba; Worked as a clinical assistant in Manitoba	2014	Internal Medicine; University of Saskatchewan	Lorraine - dooley_03@hotmail.com
2013	Singapore Internship	2014	Pediatrics; University of Western Ontario	
2013	Singapore Internship; NAC; QE1	2015	Family Medicine; Memorial	<i>“All 2013 grads have found jobs...”</i>
2013	Step exams, elective, research, clinical epidemiology course	2014	Internal Medicine; University of Louisville	

NIMSA Executive Committee

Applications for NIMSA Vice-President 2015-2016

One year supporting President
and learning how to run NIMSA

Move into role of President in final year

Submit CV and 500 word personal statement to
nimsa.ucd@gmail.com by April 30th, 2015



Small group discussion