

MCAT STUDY PLAN

- Adapted from the SN2ed Study Plan & MCATjelly Study Plan

- Materials:

- SN2ed Complete Set (<http://forums.studentdoctor.net/threads/breaking-down-the-mcat-a-3-month-mcat-study-schedule.623898/>)
 - BR Verbal not necessary
- 2015 Kaplan Study Books & On-Demand Course (optional)
- NextStep Psychology and Sociology Strategy and Practice book 2015

- Abbreviations

- BR: Berkeley Review (Pre-2015)
- EK: ExamKrackers (Pre-2015)
- KAP: Kaplan (2015 Edition)
- NS: NextStep

DAY	PLAN	BR Sections / Supp. Materials	Kaplan
1	- BR O-Chem Chapter #1 + 1/3 - 3 Verbal TPRH		Kap Ch #1,3,4,11
2	- EK Biology Chapter #1 + 1/3 BR - 3 Verbal EK101	See Below for EK → BR Passages	
	- KAP Biochem Chapter #1	BR Bio Section 6: III, VIII, IX	Kap Online Video
3	- BR Physics Chapter #1 + 1/3 - 3 Verbal BR	All	Kap Ch #1
4	- BR Gen Chem Chapter #1 + 1/3 - 3 Verbal EK101		Kap Ch #4,9
5	- KAP PsychSoc Chapter #1,2 - 3 Verbal TPRH	Khan Academy Practice	Kap Online Video
6	- BR Physics Chapter #2 + 1/3 - 3 Verbal BR	Newton's Laws through Friction: Passages I-V Inclined Planes and Pulleys: Passages: VI-VII	Kap Ch #1,2
7	- Re-Read ALL Chapters (Days 1-6) - Complete EK 1001 Sections - Complete EK in-class Bio Exam Ch1 - 3 Verbal TPRH		
8	BREAK		
9	- Complete Second 1/3 of BR Passages - 3 Verbal EK101		
10	- BR Gen Chem Chapter #2 + 1/3 - 3 Verbal BR		Kap Ch #1,2
	- KAP Biochem Chapter #2	BR Bio Section 6: I-III, V-X, XII-XV	Kap Online Video
11	- BR O-Chem Chapter #2 + 1/3 BR - 3 Verbal EK101		
12	- EK Bio Chapter #2 + 1/3 - 3 Verbal TPRH	See Below for EK → BR Passages	
13	- BR Physics Chapter #3 + 1/3 - 3 Verbal BR		Kap Ch #2

14	<ul style="list-style-type: none"> - KAP PsychSoc Chapter #3,4 - 3 Verbal TPRH 	<i>Khan Academy Practice</i>	<i>Kap Online Video</i>
15	<ul style="list-style-type: none"> - BR Gen Chem Chapter #3 + 1/3 - 3 Verbal EK101 		<i>Kap Ch #4,6,9</i>
	<ul style="list-style-type: none"> - KAP Biochem Chapter #3 	<i>TBR Bio Section 9: I</i>	
16	BREAK		
17	<ul style="list-style-type: none"> - Re-Read ALL Chapters (Days 9-15) - Complete EK 1001 Sections - Complete EK in-class Bio Exam Ch1 - 3 Verbal BR 		
18	<ul style="list-style-type: none"> - Complete Second 1/3 of BR Passages - 3 Verbal EK101 		
19	<ul style="list-style-type: none"> - BR O-Chem Chapter #3 + 1/3 BR - 3 Verbal BR 		<i>Kap Ch #2,4</i>
20	<ul style="list-style-type: none"> - EK Bio Chapter #3 + 1/3 - 3 Verbal TPRH 	<i>See Below for EK → BR Passages</i>	
21	<ul style="list-style-type: none"> - BR Physics Chapter #4 + 1/3 - 3 Verbal EK101 	<i>Torque and Equilibrium Passages: IV</i>	<i>Kap Ch #1</i>
22	<ul style="list-style-type: none"> - BR Gen Chem Chapter #4 + 1/3 - 3 Verbal BR 		<i>Kap Ch #10</i>
	<ul style="list-style-type: none"> - KAP Biochem Chapter #4 	<i>BR Bio Section 6: XII</i>	<i>Kap Online Video</i>
23	<ul style="list-style-type: none"> - KAP PsychSoc Chapter #5,6 - 3 Verbal TPRH 	<i>Khan Academy Practice</i>	<i>Kap Online Video</i>
24	BREAK		
25	<ul style="list-style-type: none"> - BR O-Chem Chapter #4 + 1/3 BR - 3 Verbal EK101 		<i>Kap Ch #4</i>
26	<ul style="list-style-type: none"> - Re-Read ALL Chapters (Days 18-26) - Complete EK 1001 Sections - Complete EK in-class Bio Exam Ch1 - 3 Verbal TPRH 		
27	<ul style="list-style-type: none"> - Complete Second 1/3 of BR Passages - 3 Verbal EK101 		
28	<ul style="list-style-type: none"> - EK Bio Chapter #4 + 1/3 - 3 Verbal TPRH 	<i>See Below for EK → BR Passages</i>	
29	<ul style="list-style-type: none"> - BR Physics Chapter #5 + 1/3 - 3 Verbal BR 	<i>Springs: IV and VII Harmonic Oscillation and Wave Properties: I, III, VI</i>	<i>Kap Ch #2,7</i>
30	<ul style="list-style-type: none"> - BR Gen Chem Chapter #5 + 1/3 - 3 Verbal EK101 		<i>Kap Ch #10</i>
	<ul style="list-style-type: none"> - KAP Biochem Chapter #5 	<i>BR Bio Section 6: XIV</i>	
31	<ul style="list-style-type: none"> - KAP PsychSoc Chapter #7,8 - 3 Verbal TPRH 	<i>Khan Academy Practice</i>	<i>Kap Online Video</i>
32	BREAK		

33	<ul style="list-style-type: none"> - BR O-Chem Chapter #5 + 1/3 BR - 3 Verbal EK101 		<i>Kap Ch #4,5,6,7,8,9</i>
34	<ul style="list-style-type: none"> - EK Bio Chapter #5 + 1/3 - 3 Verbal TPRH 	<i>See Below for EK → BR Passages</i>	
35	<ul style="list-style-type: none"> - Re-Read ALL Chapters (Days 26-34) - Complete EK 1001 Sections - Complete EK in-class Bio Exam Ch1 - 3 Verbal BR 		
36	<ul style="list-style-type: none"> - Complete Second 1/3 of BR Passages - 3 Verbal EK101 		
37	<ul style="list-style-type: none"> - BR Physics Chapter #6 + 1/3 - 2 Verbal TPRH 	<i>All</i>	<i>Kap Ch #7</i>
38	<ul style="list-style-type: none"> - BR Gen Chem Chapter #6 + 1/3 - 2 Verbal EK101 		<i>Kap Ch #8</i>
	<ul style="list-style-type: none"> - KAP Biochem Chapter #6 	<i>BR Bio Section 6: VII, IX, Section 9: IV, VIII, X-XI, XV, and Section 10: I-II, V, VIII, IX-X, XII, XV</i>	
39	<ul style="list-style-type: none"> - KAP PsychSoc Chapter #9,10 - 2 Verbal TPRH 	<i>Khan Academy Practice</i>	<i>Kap Online Video</i>
40	BREAK		
41	<ul style="list-style-type: none"> - BR O-Chem Chapter #6 + 1/3 BR - 2 Verbal EK101 		
42	<ul style="list-style-type: none"> - EK Bio Chapter #6 + 1/3 - 2 Verbal TPRH 	<i>See Below for EK → BR Passages</i>	
43	<ul style="list-style-type: none"> - BR Physics Chapter #7 + 1/3 - 2 Verbal EK101 		<i>Kap Ch #4,7; Kap Online Video & Passages</i>
44	<ul style="list-style-type: none"> - Re-Read ALL Chapters (Days 36-43) - Complete EK 1001 Sections - Complete EK in-class Bio Exam Ch1 - 2 Verbal TPRH 		
45	<ul style="list-style-type: none"> - Complete Second 1/3 of BR Passages - 2 Verbal EK101 		
46	<ul style="list-style-type: none"> - BR Gen Chem Chapter #7 + 1/3 - 2 Verbal EK101 		<i>Kap Ch #Ch. 9</i>
	<ul style="list-style-type: none"> - KAP Biochem Chapter #7 	<i>BR Bio Section 10: III-IV, VI-VII, XI, XIII-XIV</i>	<i>Kap Online Video and Passages</i>
47	<ul style="list-style-type: none"> - KAP PsychSoc Chapter #11,12 - 2 Verbal TPRH 	<i>Khan Academy Practice</i>	<i>Kap Online Video</i>
48	BREAK		
49	<ul style="list-style-type: none"> - BR O-Chem Chapter #7 + 1/3 BR - 2 Verbal EK101 		<i>Kap Ch #10</i>
50	<ul style="list-style-type: none"> - EK Bio Chapter #7 + 1/3 - 2 Verbal TPRH 	<i>See Below for EK → BR Passages</i>	
51	<ul style="list-style-type: none"> - BR Physics Chapter #8 + 1/3 - 2 Verbal EK101 	<i>All</i>	<i>Kap Ch #5,7 Kap Online Video</i>
52	<ul style="list-style-type: none"> - BR Gen Chem Chapter #8 + 1/3 - 2 Verbal TPRH 		<i>Kap Ch #Ch. 12</i>
	<ul style="list-style-type: none"> - KAP Biochem Chapter #8 	<i>TBR Bio Section 6: VII</i>	

53	<ul style="list-style-type: none"> - Re-Read ALL Chapters (Days 45-52) - Complete EK 1001 Sections - Complete EK in-class Bio Exam Ch1 - 2 Verbal EK101 		
54	<ul style="list-style-type: none"> - Complete Second 1/3 of BR Passages - NS Psych/Soc Review - 2 Verbal TPRH 		
55	BREAK		
56	<ul style="list-style-type: none"> - NS PsychSoc Review - 2 Verbal EK101 	<i>Khan Academy Practice</i>	<i>Kap Online Video</i>
	- KAP Biochem Chapter #9	<i>BR Bio Section 8: V-VI, VIII, IX, XI-XII, XIV</i>	<i>Kap Online Video</i>
57	<ul style="list-style-type: none"> - EK Bio Chapter #8 + 1/3 - 2 Verbal TPRH 	<i>See Below for EK → BR Passages</i>	
58	<ul style="list-style-type: none"> - BR Physics Chapter #9 + 1/3 - 2 Verbal EK101 	<i>Currents through Electric Circuits (all passages)</i>	<i>Kap Ch #6</i>
59	<ul style="list-style-type: none"> - BR Gen Chem Chapter #9 + 1/3 - 2 Verbal TPRH 		<i>Kap Ch #5</i>
	- KAP Biochem Chapter #10	<i>BR Bio Section 8: I-II</i>	<i>Kap Online Passage</i>
60	<ul style="list-style-type: none"> - EK Bio Chapter #9 + 1/3 - 2 Verbal EK101 	<i>See Below for EK → BR Passages</i>	
61	<ul style="list-style-type: none"> - BR Physics Chapter #10 + 1/3 - 2 Verbal TPRH 	<i>All</i>	<i>Kap Ch #8</i>
62	BREAK		
63	<ul style="list-style-type: none"> - BR Gen Chem Chapter #10 + 1/3 - 2 Verbal EK101 		<i>Kap Ch #11,12</i>
	- KAP Biochem Chapter #11	<i>BR Bio Section 8: III-IV, VII, X, XIII</i>	
64	<ul style="list-style-type: none"> - BR O-Chem Chapter #8 + 1/3 BR - 2 Verbal TPRH 		
65	<ul style="list-style-type: none"> - NS PsychSoc Review - 2 Verbal EK101 	<i>Khan Academy Practice</i>	<i>Kap Online Video</i>
	- KAP Biochem Chapter #12	<i>BR Bio Section 7: IV, XI</i>	
66	<ul style="list-style-type: none"> - Re-Read ALL Chapters (Days 54-65) - Complete EK 1001 Sections - Complete EK in-class Bio Exam Ch1 		
67	<ul style="list-style-type: none"> - Complete Second 1/3 of BR Passages - NS Psych/Soc Review - 2 Verbal EK101 		
68	BREAK		
69	<ul style="list-style-type: none"> - Hat Trick 2-3 Hours - 2 Verbal TPRH 		
70	<ul style="list-style-type: none"> - Complete last 1/3 of BR Passages Ch#1 - Hat Trick 30 Minutes - NS Psych/Soc Review - 2 Verbal EK101 		

71	<ul style="list-style-type: none"> - Complete last 1/3 of BR Passages Ch#1 - Hat Trick 30 Minutes - 2 Verbal TPRH 		
72	AAMC New FL		
73	<ul style="list-style-type: none"> - Review FL per guidelines - Last 1/3 of Ch#2 - NS Psych/Soc Review - Hat trick 30 Minutes - 2 Verbal EK101 		
74	<ul style="list-style-type: none"> - Review FL per guidelines - Last 1/3 of Ch#2 - Hat trick 30 Minutes - 2 Verbal TPRH 		
75	BREAK		
76	<ul style="list-style-type: none"> - 1/3 Chapter 3 - Hat Trick - 2 Verbal EK101 		
77	<ul style="list-style-type: none"> - 1/3 Chapter 3 - Hat Trick - 2 Verbal EK101 		
78	BREAK		
79	KAP FULL Length		
80	<ul style="list-style-type: none"> - Review FL - 1/3 Chapter 4 - Hat trick 30 Minutes - 2 Verbal TPRH 		
81	<ul style="list-style-type: none"> - Review FL - 1/3 of Chapter 4 - Hat trick 30 Minutes - 2 Verbal EK101 		
82	KAP FULL Length		
83	<ul style="list-style-type: none"> - Review FL - 1/3 Chapter 5 - Hat trick 30 Minutes - 2 Verbal TPRH 		
81	<ul style="list-style-type: none"> - Review FL - 1/3 of Chapter 5 - Hat trick 30 Minutes - 2 Verbal EK101 		
82	BREAK		
83	KAP FULL Length		
84	<ul style="list-style-type: none"> - Review FL - 1/3 Chapter 6 - Hat trick 30 Minutes - 2 Verbal TPRH 		
85	<ul style="list-style-type: none"> - Review FL - 1/3 of Chapter 6 - Hat trick 30 Minutes - 2 Verbal EK101 		
86	KAP FULL Length		

87	<ul style="list-style-type: none"> - Review FL - 1/3 Chapter 7 - Hat trick 30 Minutes - 2 Verbal TPRH 		
88	<ul style="list-style-type: none"> - Review FL - 1/3 of Chapter 7 - Hat trick 30 Minutes - 2 Verbal EK101 		
89	BREAK		
90	Full Length		
91	<ul style="list-style-type: none"> - Review FL - 1/3 Chapter 8 - Hat trick 30 Minutes - 2 Verbal TPRH 		
92	<ul style="list-style-type: none"> - Review FL - 1/3 of Chapter 8 - Hat trick 30 Minutes - 2 Verbal EK101 		
93	AAMC #10		
94	<ul style="list-style-type: none"> - Review FL - 1/3 Chapter 9 - Hat trick 30 Minutes - 2 Verbal TPRH 		
95	<ul style="list-style-type: none"> - Review FL - 1/3 of Chapter 9 - Hat trick 30 Minutes - 2 Verbal EK101 		
96	BREAK		
97	Full Length		
98	<ul style="list-style-type: none"> - Review FL - 1/3 Chapter 10 - Hat trick 30 Minutes - 2 Verbal TPRH 		
99	<ul style="list-style-type: none"> - Review FL - 1/3 of Chapter 10 - Hat trick 30 Minutes - 2 Verbal EK101 		
100	BREAK		
101	MCAT		

OTHER FULL LENGTHS (old):

- BR 1-7
- Kaplan 1-6

Combining BR Bio's passages and EK Bio's content?

EK Lecture: Molecular Biology & Cellular Respiration

BR Chapter # - Passage #: 1-13, 6-3, 6-8, 6-9, 6-12, 6-14, 7-1, 7-2, 7-3, 7-4, 7-6, 7-7, 7-8, 7-9, 7-10, 7-11, 7-12, 7-13, 7-14, 7-15, 8-1, 8-2, 8-3, 8-4, 8-5, 8-6, 8-7, 8-8, 8-9, 8-10, 8-11, 8-12, 8-13, 8-14, 8-15

EK Lecture: Genes

BR Chapter # - Passage #: 6-13, 9-1, 9-4, 9-6, 9-7, 9-8, 9-9, 9-10, 9-11, 9-12, 9-13, 9-14, 9-15, 10-1, 10-2, 10-3, 10-4, 10-5, 10-6, 10-7, 10-8, 10-9, 10-10, 10-11, 10-12, 10-13, 10-14, 10-15

EK Lecture: Microbiology

BR Chapter # - Passage #: 6-1, 6-4, 6-5, 6-11, 6-15

EK Lecture: The Eukaryotic Cell; The Nervous System

BR Chapter # - Passage #:

Eukaryotic Cell: 6-2, 6-6, 6-7, 6-10

Nervous System: 1-1, 1-2, 1-3, 1-4, 1-5, 1-6, 1-7, 1-8, 1-9, 1-10, 1-11, 1-12

EK Lecture: The Endocrine System; Reproductive System

BR Chapter # - Passage #:

Embryo: 4-1, 4-2, 4-3, 4-4, 4-5, 4-6, 4-7, 4-8, 4-9, 4-10, 4-11, 4-12, 4-13, 4-14, 4-15

Endocrine: 5-7, 5-8, 5-9, 5-13, 5-14

EK Lecture: The Digestive System; The Excretory System

BR Chapter # - Passage #:

Digestion: 3-2, 3-3, 3-4, 3-5, 3-6, 3-14, 3-15

Excretory: 3-7, 3-8, 3-9, 3-10, 3-11, 3-13

EK Lecture: The Cardiovascular System; The Respiratory System

BR Chapter # - Passage #:

Circulatory: 2-1, 2-2, 2-3, 2-4, 2-7, 2-8, 2-9, 2-10, 2-13, 5-1, 5-2, 5-3, 5-4, 5-5, 5-6

Respiratory: 2-5, 2-6, 2-11, 2-12, 2-14, 2-15, 7-5

Lymph/Immuno: 3-12, 5-10, 5-11, 5-12, 5-15

EK Lecture: Muscle, Bone, and Skin

BR Chapter # - Passage #:

1-14, 1-15, 3-1

EK Lecture: Populations

BR Chapter # - Passage #:

9-2, 9-3, 9-5

NOTE: "5-3" means BR chapter 5, passage #3.

General Guidelines for Reviewing: USE THE MCAT REVIEW LOG

- Go over EVERY question. Both the ones you got right and the ones you got wrong.
- Reviewing should take 2-3 times longer than taking the timed practice problems.
- If your tests are fluctuating, it is due to the different topics on the various tests. In other words, you have some glaring weaknesses that when targeted, nail you, badly. You have to find out what those weaknesses are because they are evident by your scores. Do NOT dismiss any wrong answer as a "stupid mistake." You made that error for a reason. Go over your tests again.
- You might want to consider making a log for all of your post test results where you work through the questions below. Doing so, you'll be able to easily notice trends.

Hat Trick:

Get a hat and write every single MCAT PS and BS topic onto a piece of paper. Then, when you're ready to practice PS, put all the PS topics into the hat. Draw two or three pieces of paper and connect the topics together. In addition to connecting them, come up with what a passage might look like and what kind of questions you might get. If you can't do this, go back and review each of the three sections. Rinse and repeat.

The hat trick days are important because they aid you in synthesizing the various topics together. On the MCAT, you utilize this skill for every passage because MCAT passages combine topics. Furthermore, you may also discover content weaknesses that you will need to go over.

Here's a rough example using Distillation, Mendelian Genetics, and Lipids:

You are studying a Mendelian inherited recessive genetic defect of a lipid receptor. A defect in this receptor prevents the uptake lipids in the body and can cause several negative effects, such as, atherosclerosis due to fat build-up in arterial walls.

To test for the concentration of lipids in a patient's blood, you design a distillation experiment.

1. Given a couple where the male is LI and the female is ll, what is the chance the child will have the defect?
2. What kind of solvent should you use to test the concentration of lipids?
3. What type patient would have the highest boiling point elevation?
4. If the trait exhibited incomplete dominance, which patient is likely to be LI? Boiling point information here.
5. Which cell component requires lipids?

MCATJELLY STUDY PLAN: <http://forums.studentdoctor.net/threads/my-mcat-2015-study-schedule.1122820/#post-16225569>

Day	Kaplan Chapter	TBR Section	Passages	Exams	Other
1	Physics: Chapter 1	Physics: Section 1 (all), Section 2 (Newton's Laws through Friction), and Section 4 (Torque and Equilibrium)	TBR Physics Section 1: all, Section 2: I-V, Section 4: IV	EK 30 Min Exam: Physics Lecture 1	
	Biology: Chapter 1	Bio: Section 6 (Eukaryotic Cellular & Molecular Organization b-d; Prokaryotic Cellular, Molecular Organization, and Reproduction; and Viruses)	TBR Bio Section 6: I-II, IV-VI, X-XI, XV		
2	Gen Chem: Chapter 1	Gen Chem: Section 2 (Atomic Structure)	TBR Gen Chem Section 2: I-IV		
	Biochemistry: Chapter 1	Biology: Section 6 (Amino Acids and Proteins)	TBR Bio Section 6: III, VIII, IX		Online Kaplan Video
3	Organic Chem: Chapter 1	Orgo: Section 1 (Nomenclature)	TBR Orgo Section 1: I-III		
	Behav. Sciences: Chapter 1		Online Kaplan Passage TPR 3.3, 3.4, 3.6, and 5.3 In-Chapter ?s		Online Kaplan Video
4	Physics: Chapter 2	Physics: Section 3 (all), Section 2 (Inclined Planes and Pulleys), and Section 5 (Springs)	TBR Physics Section 3: all, Section 2: VI-VII, and Section 5: IV and VII		
	Biology: Chapter 2	Bio: Section 6 (Eukaryotic Cell Cycle, Mitosis, and Meiosis) and Section 4 (Reproduction)	TBR Bio Section 6: XIII and Section 4: II, V-VI, VIII-XI, XIV-XV		

5	Gen Chem: Chapter 2	Gen Chem: Section 2 (Periodic Trends)	TBR Gen Chem Section 2: V-VII, IX		
	Biochemistry: Chapter 2	Bio: Section 7 (Enzyme Kinetics, Enzyme Mechanisms, and Metabolic Molecules-except ATP)	TBR Bio Section 6: I-III, V-X, XII-XV		Online Kaplan Video
6	Organic Chem: Chapter 2	Orgo: Section 2 (Structure Elucidation through Structural Insights) and Section 3 (Stereochemistry through Enantiomers/Diastereomers)	TBR Orgo Section 3: I, III-VI		
	Behav. Sciences: Chapter 2		TPR 3.5 In-Chapter ?s TPR Chapter 3 ?s and Passage		Online Kaplan Videos
7	Physics: Chapter 3		Online Kaplan Passage	EK 30 Min Exam: Physics Lecture 2	
	Biology: Chapter 3	Bio: Section 4 (Development)	TBR Bio Section 4: I, III-IV, VII, XII-XIII		
8	Gen Chem: Chapter 3	Orgo: Section 1 (Bonding and Molecular Orbitals, Bond Energy, and Intramolecular Features)			
	Biochemistry: Chapter 3		TBR Bio Section 9: I		
9	Organic Chem: Chapter 3	Orgo: Section 1 (Hybridization)	TBR Orgo Section 1: IV-VI	EK 30 Min Exam: Chem Lecture 2	
	Behav. Sciences: Chapter 3		TPR 5.1 and 5.4 In-Chapter ?s		Online Kaplan Video
10	Physics: Chapter 4	Physics: Section 7 (all)	TBR Physics Section 7: all Online Kaplan Passage	EK 30 Min Exam: Physics Lecture 3	Online Kaplan Video
	Biology: Chapter 4	Bio: Section 1 (Membrane and Action Potentials and Nervous System Components through Receptors/Sensory Input)	TBR Bio Section 1: I-IV, VI-XIV	EK 30 Min Exam: Syst. Bio Lecture 2	
11	Gen Chem: Chapter 4	Gen Chem: Section 1 (Elemental Analysis, Balancing Reactions, Reaction Types) and Section 3 (Solubility)	TBR Gen Chem Section 1: II-V, X-XII and Section 3: VII-X		
	Biochemistry: Chapter 4	Bio: Section 6 (Carbohydrates)	TBR Bio Section 6: XII		Online Kaplan Video
12	Organic Chem: Chapter 4	Orgo: Section 1 (Fundamentals of Reactivity), Section 3 (Stereochemistry in Rxns through Nucleophilic Subst), Section 4 (Elimination Rxns), and Section 5 (Carbonyl Reactivity)	TBR Orgo Section 1: VII, Section 3: II, VII		Online Kaplan Video
	Behav. Sciences: Chapter 4		TPR 4.1-4.3 and 4.6 In-Chapter ?s	EK 30 Min Exam: Psych Lecture 5	
13	Physics: Chapter 5	Physics: Section 8 (all)	TBR Physics Section 8: all		Online Kaplan Video
	Biology: Chapter 5	Bio: Section 5 (The Endocrine System)	TBR Bio Section 5: VII-VIII, XI, XIII-XIV Online Kaplan Passage	EK 30 Min Exam: Syst. Bio Lecture 3	
14	Gen Chem: Chapter 5	Gen Chem: Section 9 (all)	TBR Gen Chem Section 9: all	EK 30 Min Exam: Chem Lecture 1	
	Biochemistry:	Bio: Section 6 (Lipids)	TBR Bio Section 6:		

	Chapter 5		XIV		
15	Organic Chem: Chapter 5	Orgo: Section 5 (Oxygen Containing Compounds and Carbonyl Reactivity)			
	Behav. Sciences: Chapter 5		TPR 4.5-4.6 and 6.2 In-Chapter ?s TPR Chapter 4 ?s and Passage		
16	Physics: Chapter 6	Physics: Section 9 (Currents through Electric Circuits)	TBR Physics Section 9: all	EK 30 Min Exam: Physics Lecture 4	
	Biology: Chapter 6	Bio: Section 2 (The Lung)	TBR Bio Section 2: V, XII, XV	EK 30 Min Exam: Mol. Bio Lecture 1	
17	Gen Chem: Chapter 6	Gen Chem: Section 3 (Fundamentals of Equilibrium & Le Chatelier's Principle)	TBR Gen Chem Section 3: I-VI, XI-XIV		
	Biochemistry: Chapter 6	Bio: Section 6 (Nucleic Acids and Eukaryotic Chromosomes), Section 9 (Genetic Info and DNA Synthesis), and Section 10: Expression of Genetic Info (Mutations and Genetic Engineering)	TBR Bio Section 6: VII, IX, Section 9: IV, VIII, X-XI, XV, and Section 10: I-II, V, VIII, IX-X, XII, XV		
18	Organic Chem: Chapter 6	Orgo: Section 5 (Oxygen Containing Compounds through Name Reactions)	TBR Orgo Section 5: V		
	Behav. Sciences: Chapter 6		TPR 6.1 and 7.1 In-Chapter ?s		
19	Physics: Chapter 7	Physics: Section 5 (Harmonic Oscillation and Wave Properties) Physics: Section 6 (all)	TBR Physics Section 5: I, III, VI and Section 6: all		
	Biology: Chapter 7	Bio: Section 2 (The Heart)	TBR Bio Section 2: I-IV, VI-XI, XIII-XIV		Online Kaplan Video
20	Gen Chem: Chapter 7	Gen Chem: Section 7 (Phase Change Processes & Liquid-Gas Equilibrium) and Section 8 (Terminology/Graphs and Calorimetry)	TBR Gen Chem Section 7: I-VII, XIII and Section 8: I-XI	EK 30 Min Exam: Chem Lecture 4	
	Biochemistry: Chapter 7	Bio: Section 10 (RNA Processing and Mutations)	TBR Bio Section 10: III-IV, VI-VII, XI, XIII-XIV Online Kaplan Passage	EK 30 Min Exam: Mol. Bio Lecture 2	Online Kaplan Video
21	Organic Chem: Chapter 7	Orgo: Section 5 (Oxygen Containing Compounds and Name Reactions)	TBR Orgo Section 5: VI-VII		
	Behav. Sciences: Chapter 7		Online Kaplan Passage TPR 6.3 In-Chapter ?s	EK 30 Min Exam: Psych Lecture 3	
22	Physics: Chapter 8	Physics: Section 10 (all)	TBR Physics Section 10: all	EK 30 Min Exam: Physics Lecture 5	
	Biology: Chapter 8	Bio: Section 5 (The Immune System)	TBR Bio Section 5: I-VI, IX-X, XII, XV	EK 30 Min Exam: Syst. Bio Lecture 4	
23	Gen Chem: Chapter 8	Gen Chem: Section 6 (all)	TBR Gen Chem Section 6: all	EK 30 Min Exam: Chem Lecture 5	
	Biochemistry: Chapter 8	Bio: Section 6 (Eukaryotic Biomembranes and Membrane Transport)	TBR Bio Section 6 (VII)	EK 30 Min Exam: Syst. Bio Lecture 1	
24	Organic Chem: Chapter 8	Orgo: Section 5 (Oxygen Containing Compounds through Name Reactions)	TBR Orgo Section 5: I-III		

			Online Kaplan Passage		
	Behav. Sciences: Chapter 8		TPR 5.2, 6.4, and 7.3 In-Chapter ?s TPR Chapters 5-6 ?s and Passages	EK 30 Min Exam: Psych Lecture 4	
25	Physics: Chapter 9	Gen Chem: Section 2 (Light Absorption/Emission and Nuclear Chemistry)	TBR Gen Chem Section 2: X-XIV, VIII		
	Biology: Chapter 9	Bio: Section 3 (The Gastrointestinal Tract)	TBR Bio Section 3: I-VI, X, XII, XIV-XV		Online Kaplan Video
26	Gen Chem: Chapter 9	Gen Chem: Section 1 (Solution Concentration), Section 3 (Solubility), and Section 7 (Colligative Properties)	TBR Gen Chem Section 1: I, VI-IX, Section 3: VII-X, and Section 7: VIII-XII		
	Biochemistry: Chapter 9	Bio: Section 8 (Glycolysis, Disaccharide Metabolism, PPP, and Gluconeogenesis)	TBR Bio Section 8: V-VI, VIII, IX, XI-XII, XIV		Online Kaplan Video
27	Organic Chem: Chapter 9	Orgo: Section 5 (Oxygen Containing Compounds)	TBR Orgo Section 5: IV Online Kaplan Passage		
	Behav. Sciences: Chapter 9				
28	Physics: Chapter 10		EK Math Section ?s		EK Math Section
	Biology: Chapter 10	Bio: Section 3 (The Kidney)	TBR Bio Section 3: VII-IX, XI, XIII	EK 30 Min Exam: Syst. Bio Lecture 5	
29	Gen Chem: Chapter 10	Gen Chem: Section 4 (all) and Section 5 (all)	TBR Gen Chem Section 4: all and Section 5: all	EK 30 Min Exam: Chem Lecture 7	
	Biochemistry: Chapter 10	Bio: Section 8 (The Krebs Cycle through Ox-Phos)	TBR Bio Section 8: I-II Online Kaplan Passage		
30	Organic Chem: Chapter 10	Orgo: Section 7 (all)	TBR Orgo Section 7: all	EK 30 Min Exam: Chem Lecture 3	
	Behav. Sciences: Chapter 10		TPR 7.2-7.3 In-Chapter ?s TPR Chapter 7 ?s and Passage		
31	Physics: Chapter 11				EK Research Section
	Biology: Chapter 11	Bio: Section 1 (Types of Tissues, The Neuromuscular Junction, and Sarcomeres)	TBR Bio Section 1: V, XV	EK 30 Min Exam: Syst. Bio Lecture 6	
32	Gen Chem: Chapter 11	Gen Chem: Section 10 (Redox Reactions)	TBR Gen Chem Section 10: I, III, V-VI, XIII		
	Biochemistry: Chapter 11	Bio: Section 8 (Fatty Acid Metabolism and Urea Cycle)	TBR Bio Section 8: III-IV, VII, X, XIII		
33	Organic Chem: Chapter 11	Orgo: Section 2 (Spectroscopy and Analysis)	TBR Orgo Section 2: I-IV, VI-VII		
	Behav. Sciences: Chapter 11		TPR 8.1-8.3 In-Chapter ?s	EK 30 Min Exam: Psych Lecture 2	Online Kaplan Video

34	Physics: Chapter 12			EK 30 Min Exam: Reasoning Lecture ii	EK Research Section TPR Research Appendix
	Biology: Chapter 12	Bio: Section 9 (Classical Genetics)	TBR Bio Section 9: II-III, V-VI, XII-XIV Online Kaplan Passage		
35	Gen Chem: Chapter 12	Gen Chem: Section 10 (Electrochemical Cells, Voltage, and Energy)	TBR Gen Chem Section 10: II, IV, VII-XII, XIV	EK 30 Min Exam: Chem Lecture 6	
	Biochemistry: Chapter 12	Bio: Section 7 (ATP)	TBR Bio Section 7: IV, XI	EK 30 Min Exam: Mol. Bio Lecture 3	
36	Organic Chem: Chapter 12	Orgo: Section 8 (all)	TBR Orgo Section 8: all	EK 30 Min Exam: Mol. Bio Lecture 4	
	Behav. Sciences: Chapter 12		TPR 8.4 In-Chapter ?s TPR Chapter 8 ?s and Passage	EK 30 Min Exam: Psych Lecture 1	
37		END CONTENT REVIEW - BEGIN EXAM PRACTICE			
38		Kaplan Advanced 528: Chapters 4-6 AAMC Official Practice Guide 120 ?s (1st half - 100 minutes) Review missed ?s			
39		Kaplan Advanced 528: Chapters 7-9 AAMC Official Practice Guide 120 ?s (2nd half - 100 minutes) Review missed ?s			
40		Kaplan Advanced 528: Chapters 10-11 Kaplan Biochem Exam 1 and Review Kaplan Psych Exam 1 and Review			
41		Kaplan Advanced 528: Chapters 12-13 Kaplan Biochem Exam 2 and Review Kaplan Psych Exam 2 and Review			
42		Kaplan Advanced 528: Chapters 14-16 Kaplan CARS Exam 1 and Review			
43		NextStep Free Diagnostic Exam			
44		Review NextStep Diagnostic			
45		AAMC Bio Question Pack 1 (1st half - 97 mins) and Review AAMC Physics Question Pack (1st half - 97 mins) and Review			

		Kaplan CARS Exam 2 and Review			
46		AAMC Bio Question Pack 1 (2nd half - 97 mins) and Review AAMC Chem Question Pack (1st half - 97 mins) and Review AAMC CARS Question Pack 1 (1st half - 97 mins) and Review			
47		AAMC Bio Question Pack 2 (1st half - 97 mins) and Review AAMC CARS Question Pack 1 (2nd half - 97 mins) and Review			
48		Kaplan Biochem Exam 3 and Review Kaplan Psych Exam 3 and Review Kaplan CARS Exam 3 and Review			
49		AAMC Chem Question Pack (2nd half - 97 mins) and Review AAMC CARS Question Pack 2 (1st half - 97 mins) and Review AAMC Bio Question Pack 2 (2nd half - 97 mins) and Review AAMC Physics Question Pack 1 (2nd half - 97 mins) and Review			
50		Kaplan Free Diagnostic Exam			
51		Review Diagnostic			
52		Kaplan FL 1			
53		Review Kaplan FL 1			
54		TPR FL 1			
55		Review TPR FL 1			
56		Mandatory Break Day			
57		Kaplan FL 2			
58		Review Kaplan FL 2			

59		TPR FL 2			
60		Review TPR FL 2			
61		Mandatory Break Day			
62		Kaplan FL 3			
63		Review Kaplan FL 3			
64		TPR FL 3			
65		Review TPR FL 3			
66		Mandatory Break Day			
67		AAMC FL			
68		Review AAMC FL			
69		Mandatory Break Day			
		From now until Test Day: TBD			